

2023-2024

Alabama Dance Academy

Schedule

MONDAY		
STUDIO 1	STUDIO 2	STUDIO 3
	3:30-4:30 Division I	
4:00-5:15 Ballet II/III	4:30-5:30 Jazz I	
5:15-6:15 Pointe I	5:30-6:30 Ballet 5-7	5:30-6:30 Pre-Ballet/Tap 3-4
6:15-7:45 Professional Training Division Ballet	6:30-7:45 Ballet III/IV	6:30-7:30 Jazz II
8:00-9:00 Professional Training Division Pointe	8:00-9:00 Pointe III/IV	7:45-8:45 Tap IV

TUESDAY		
STUDIO 1	STUDIO 2	STUDIO 3
3:30-4:30 Division I Full	3:30-4:30 Ballet 5-7	3:30-4:30 Pre-Ballet/Tap 3-4
4:30-6:00 Ballet III/IV	4:30-5:30 Lyrical II	4:30-5:30 Lyrical I
6:00-7:00 Pointe III	5:30-6:45 Lyrical V	5:30-6:45 Division II
7:00-8:15 Ballet IV	6:45-8:00 Ballet II	6:45-8:00 Ballet I
8:15-9:15 Pointe IV	8:00-8:45 Stretching and Conditioning	

WEDNESDAY		
STUDIO 1	STUDIO 2	STUDIO 3
	3:45-5:00 Division II	4:00-5:00 Hip Hop I
4:30-6:00 Pre-Pointe	5:00-6:00 Acro I	5:00-6:00 Hip Hop II
6:00-7:00 Tap V	6:00-7:00 Division I	6:00-7:00 Hip Hop III
7:00-8:00 Jazz IV	7:00-8:00 Hip Hop V	7:00-8:00 Lyrical III
8:00-9:00 Jazz V	8:00-9:00 Hip Hop IV	

THURSDAY		
STUDIO 1	STUDIO 2	STUDIO 3
		3:45-4:45 Tap/Jazz 5-7
	4:30-5:30 Jazz III	4:45-5:45 Ballet 5-7 Full
5:30-6:45 Ballet I	5:30-6:45 Lyrical IV	5:45-6:45 Tap I/II
6:45-8:00 Ballet IV	6:45-8:00 Ballet III	7:00-8:00 Tap III
8:00-9:00 Pointe IV	8:00-9:00 Pointe II	8:00-9:00 Adult Tap

FRIDAY		
STUDIO 1	STUDIO 2	STUDIO 3
2:30-3:30 Advanced Stretching and Conditioning		4:30-5:30 Acro IV/V
		5:30-6:30 Acro II/III

SATURDAY		
STUDIO 1	STUDIO 2	STUDIO 2
9:00-10:00 Pilates		
10:00-11:30 Ballet III/IV		

Schedules are subject to changes as needed.