

2022-2023

Alabama Dance Academy

Schedule

MONDAY		
STUDIO 1	STUDIO 2	STUDIO 3
	3:30-4:30 Division. I	
4:00-5:15 Ballet II		4:30-5:30 Jazz I
5:15-6:15 Pointe I	5:30-6:30 Ballet 5-7	5:30-6:30 Pre-Ballet/Tap 3-4
6:15-7:45 Ballet V	6:30-7:45 Ballet III/IV	6:30-7:30 Tap II
		7:30-8:30 Jazz II
8:00-9:00 Pointe V	8:00-9:00 Pointe III/IV	

WEDNESDAY		
STUDIO 1	STUDIO 2	STUDIO 3
	3:45-5:00 Division II	
4:30-6:00 Pre-Pointe		
	5:00-6:00 Hip Hop II	
6:00-7:00 Tap IV	6:00-7:00 Hip Hop III	6:00-7:00 Division I
7:00-8:00 Hip Hop IV/V	7:00-8:00 Lyrical III	
8:00-9:15 Jazz V	8:00-9:00 Lyrical IV	

FRIDAY		
STUDIO 1	STUDIO 2	STUDIO 3
2:30-3:30 Advanced Stretching and Conditioning		
	4:45-5:45 Intermediate Character	4:30-5:30 Acro IV/V
		5:45-6:45 Acro II/III

TUESDAY		
STUDIO 1	STUDIO 2	STUDIO 3
3:30-4:30 Division I	3:30-4:30 Ballet 5-7	3:30-4:30 Pre-Ballet/Tap 3-4
4:30-6:00 Ballet III	4:30-5:45 Lyrical II	4:30-5:30 Lyrical I
	5:30-6:45 Division II	5:30-6:30 Acro I
6:00-7:00 Pointe II	6:45-8:15 Ballet I w/Stretching and Conditioning	6:30-7:45 Ballet II
7:00-8:15 Ballet IV		7:45-8:30 Intermediate Stretching and Conditioning
8:15-9:15 Pointe IV		

THURSDAY		
STUDIO 1	STUDIO 2	STUDIO 3
		3:45-4:45 Tap/Jazz 5-7
4:45-6:00 Ballet I	4:30-5:45 Ballet III	4:45-5:45 Ballet 5-7
	5:45-7:00 Lyrical V	5:45-6:45 Tap I
6:00-7:00 Pointe II		
7:00-8:15 Ballet IV	7:00-8:00 Jazz IV	7:00-8:00 Tap III
8:15-9:15 Pointe IV	8:00-9:00 Jazz III	8:00-9:00 Adult Tap

SATURDAY		
STUDIO 1	STUDIO 2	STUDIO 2
9:00-10:00 Pilates		
10:00-11:30 Ballet III/IV		

Schedules are subject to changes as needed.